Psalms 4:1-12

1. Trust in thee, and were not confounded.
2. But as for me, I am a worm, and no man: a very scorn of men, and the outcast of the people.
3. All they that see me, laugh me to scorn: they shoot out their lips, and shake their heads, saying,
4. He trusted in God, that he would deliver him: let him deliver him, if he will have him.
5. But thou art he that took me out of my mother's womb: thou wait my hope when I hanged yet upon my mother's breasts.
6. I have been left unto thee ever since I was born: thou art my God even from my mother's womb.
7. O go not from me, for trouble is hard at hand: and there is none to help me.
8. Many oxen are come about me: fat bulls of Bashan close me in on every side.
9. They gape upon me with their mouths: as it were a ramping and a roaring lion.
10. I am poured out like water, and all my bones are out of joint: my heart also in the midst of my body is even like melting wax.
11. My strength is dried up like a potholder, and my tongue cleaveth to my gums: and thou shalt bring me into the dust of death.
12. Formany dogs are come about me: and the counsel of the wicked layeth siege against me.
13. They pierced my hands and my feet: I may tell all my bones: they stand staring and looking upon me.
14. They part my garments among them: and cast lots upon my vesture.
15. But be not thou far from me, O Lord: thou art my succour, haste thee to help me.
16. Deliver my soul from the sword: my darling from the power of the dog.
17. Save me from the lion's mouth: thou hast heard me also from among the horns of the unicorns.
18. I will declare thy Name unto my brethren: in the midst of the congregation will I praise thee.

Psalms 5:1-11

1. The Lord is my shepherd: therefore can I lack nothing.
2. He shall feed me in a green pasture: and lead me forth beside the waters of comfort.
3. He shall convert my soul: and bring me forth in the paths of righteousness for his Name's sake.
4. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me, thy rod and thy staff comfort me.
5. Thou shalt prepare a table before me against them that trouble me: thou hast anointed my head with oil: and my cup shall be full.
6. But thy loving-kindness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Morning Prayer

Psalms 23:1-6

1. The Lord is my shepherd: therefore can I lack nothing.
2. He shall feed me in a green pasture: and lead me forth beside the waters of comfort.
3. He shall convert my soul: and bring me forth in the paths of righteousness for his Name's sake.
4. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou art with me, thy rod and thy staff comfort me.
5. Thou shalt prepare a table before me against them that trouble me: thou hast anointed my head with oil: and my cup shall be full.
6. But thy loving-kindness and mercy shall follow me all the days of my life: and I will dwell in the house of the Lord for ever.

Unto thee, O Lord, will I lift up my soul: my God, I have put my trust in thee: O let me not be confounded, neither let mine enemies triumph over me.

For all they that hope in thee: