Mission Statement:
The mission of the Physical Education Department at William Carey University is to provide a professional education program within a caring Christian academic community. The individual student is encouraged to develop his or her highest potential in scholarship, leadership, and service.

Program Philosophy:
The Physical Education Program at William Carey University strives to provide the curriculum and instruction necessary to empower students with the knowledge needed to become marketable in the field of physical education and to use this knowledge to contribute to a healthy lifestyle for themselves, their families, and those who they may influence.

Program Goals:
It is the goal of the University’s Physical Education Program to align curriculum with all standards necessary to meet accreditation; to provide students with proper guidance in meeting standards necessary for teacher licensure and/or degree requirements; and to provide a caring Christian atmosphere in the department.

Course Description:
This course is designed to prepare the prospective physical education or elementary education major to have a greater knowledge of the muscular system and the study of kinesiology.

Catalog Description:
The scientific principles of movement, muscles and muscular actions, and mechanical principles, such as levers, laws of motion, stability, and momentum - See more at: http://www.wmcarey.edu/physical-education#sthash.cq0ReSxK.dpuf. (3 hours)

Course Objectives:
- To review and understand the anatomy and function of the skeletal system.
- To review and understand the anatomy and function of the muscular and nervous systems.
- To review and understand the terminology used to describe body part locations, reference positions, anatomical directions, and muscular arrangements.
- To review and understand the planes of motion and their respective axes of rotation in relation to human movement.
- To describe and understand various types of bones and joints in the human body and their characteristics.
- To describe, recognize, and demonstrate the joint movements.
- To describe and recognize the functions of the human musculoskeletal system from the perspective of the physical sciences.

Teaching Techniques/Methods:
Refer to class schedule.

Grading:
A 93-100
B 86-92
C 76-85
D 70-75
F Below 70

Evaluation Methods:

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<th>Points</th>
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<tr>
<td>Exam 1</td>
<td>6</td>
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<td>Exam 2</td>
<td>15</td>
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<td>Exam 3</td>
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<tr>
<td>Shoulder Quiz (10 questions/10 minutes to take)</td>
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<td>Elbow Quiz (10 questions/10 minutes to take)</td>
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<td>Wrist Quiz (10 questions/10 minutes to take)</td>
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<td>Hip Quiz (10 questions/10 minutes to take)</td>
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<td>Knee Quiz (10 questions/10 minutes to take)</td>
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<td>Foot Quiz (10 questions/10 minutes to take)</td>
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<tr>
<td>Trunk Quiz (10 questions/10 minutes to take)</td>
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<td>Discussion Board 1</td>
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<td>Discussion Board 4</td>
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<td>Final</td>
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<td><strong>TOTAL</strong></td>
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**Attendance:**

Uploading assignments to D2L on the due date constitutes your attendance for that week. No credit is to be received if more than 2 full classes are missed. **ASSIGNMENTS WILL NOT BE ACCEPTED LATE.**

**Plagiarism**

In education the writing style required is that of the American Psychological Association (APA). According to the APA Manual, psychologists do not present substantial portions or elements of another’s work or data as their own, even if the other work or data source is cited occasionally. The manual has much to say about plagiarism. In the fifth edition, this information can be found from page 348 through page 353. One will benefit from reading this information.

The following are key points:

- **DO NOT PLAGIARIZE**
- Before writing one should read the article and write a summary of the article.
- When summarizing an article, refrain from looking at the article.
- Claiming to “not know you were plagiarizing” is not an acceptable defense.
- If help is needed one should come see me before there is an issue.
- Consequences of plagiarism are severe and could jeopardize your career as a student.

**AMERICANS WITH DISABILITIES ACT**

Students with disabilities who are protected by the Americans with Disabilities Act of 1990 and require special accommodations should contact Mrs. Brenda Waldrip at 601-318-6188. Mrs. Waldrip is located in the Student Services Office in Lawrence Hall.

**UNIVERSITY STATEMENT ON ACADEMIC INTEGRITY**

William Carey University seeks to create an environment that encourages continued growth of moral and ethical values which include personal honesty and mutual trust. The University places the highest value on academic integrity and regards any act of academic dishonesty as a serious offence. Academic dishonesty is considered unethical and in violation of William Carey University’s academic standards and Christian commitment. If such an incident occurs; students, faculty, and /or staff are obligated to initiate appropriate action. Depending upon the seriousness of the offence, sanctions could include failure of the assignment, failure of the course, and could lead to suspension or dismissal from the University. A full explanation of the procedures for responding to instances of academic dishonesty is contained in the University’s Policies and Procedures manual and in the student handbook, *The Lance.*
CATASTROPHIC EVENT PLAN

In the event of closure or cancellations due to natural disaster or other emergency causes, general information will be forwarded to local media, posted on the WCU website http://wmcarey.edu, and sent via automated process to your WCU student e-mail address. Specific information regarding the continuation of coursework will be posted on the University’s course management system at https://elearning.wmcarey.edu. For up-to-the-minute alerts regarding emergency situations, sign up to receive notifications through Sader Watch, the WCU emergency text message service. Sign up instructions can be found under current students on the WCU homepage.

The instructor reserves the right to make changes to this syllabus as needed.